

May 2023



"A Partnership Approach
to Maximum
Life Expression"

Sasso Family Chiropractic Center

www.sassochiro.com

732 - 929-3322

SUN

MON

TUE

WED

THU

FRI

SAT

1

10:00—12 noon
3 pm—6:45 pm

2

3 pm—6 pm

3

10:00—12 noon
3 pm—6:45 pm

4

*Your belief about
yourself on the
inside is what
creates your life
on the outside*

5

**OFFICE
CLOSED**

6

10am—12 noon
*Office open
with Dr. Mark
Messano*



7

*If your dreams
are bigger than
your adversity,
you'll get
through it*

8

**OFFICE
CLOSED**

9

**OFFICE
CLOSED**

10

10:00—12 noon
3 pm—6:45 pm
*Office open
with Dr. Mark
Messano*

11

*It doesn't matter
what you say, it
matters what
they hear.*

12

10:00—12 noon
3 pm—6:45 pm

13

10am—12 noon

14

*Happy
Mother's
Day*

15

10:00—12 noon
3 pm—6:45 pm

16

3 pm—6 pm

17

10:00—12 noon
3 pm—6:45 pm

18

*Winning is your
ability to look
yourself in the
mirror and say,
Today I gave it
my very best.*

19

10:00—12 noon
3 pm—6:45 pm

20

10am—12 noon

21

*You can't win
today's game
with yesterday's
touchdown.*

22

10:00—12 noon
3 pm—6:45 pm

23

3 pm—6 pm

24

10:00—12 noon
3 pm—6:45 pm

25

*Take ownership
of your thoughts
and you'll take
ownership of
your life.*

26

10:00—12 noon
3 pm—6:45 pm

27

10am—12 noon

28

*Don't sacrifice
what matters
most for what is
temporary.*

29

**OFFICE
CLOSED
Memorial
Day**

30

3 pm—6 pm

31

10:00—12 noon
3 pm—6:45 pm

*Has everyone in your family had their
spines checked this week?*